



Date: _____

HISTORY FORM FOR PATIENT WITH TEMPOROMANDIBULAR DISORDER

Patient's Name: _____
 Date of Birth: _____ Age: _____ Sex: Male Female
 S.S.N./S.I.N.: _____
 Address: _____
 City: _____ State/Province _____ Zip/Postal Code: _____
 Referred by: _____

MAJOR REASON FOR CURRENT EVALUATION:

- 1) Describe what you think the problem is: _____
- 2) What do you think caused this problem? _____
- 3) Describe, in order (first to last), what you expect from your treatment: _____

GENERAL HISTORY:

- 1) Are you presently under the care of a physician or have you been in the past year? YES NO
 Physician's name: _____ Condition treated: _____
 Treatment: _____
 Name of medication(s) you are currently taking: _____
- 2) How would you describe your overall physical health?

Poor	Average	Excellent
<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8	<input type="checkbox"/> 9 <input type="checkbox"/> 10
- 3) How would you describe your dental health?

<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8	<input type="checkbox"/> 9 <input type="checkbox"/> 10
---	--	--

 Dentist's name: _____ Date of last appointment: _____
- 4) Have you had any major dental treatment in the last two years? YES NO
 If yes, please mark procedure(s) Orthodontics Periodontics Oral Surgery Restorative
 Date(s) of Third Molar (wisdom tooth) extraction(s): _____

FACIAL INJURY/TRAUMA HISTORY:

- 1) Is there any childhood history of falls, accidents or injury to the face or head? YES NO
 Describe: _____
- 2) Is there any recent history of trauma to the head or face? (Auto accident, sports injury, facial impact) YES NO
 Describe: _____
- 3) Is there any activity which holds the head or jaw in an imbalanced position? (Phone, swimming, instrument) YES NO
 Describe: _____

TMD TREATMENT HISTORY:

- 1) Have you ever been examined for a TMD problem before? YES NO
 If yes, by whom? _____ When? _____
- 2) What was the nature of the problem? (Pain, noise, limitation of movement) _____
- 3) What was the duration of the problem? _____ Months _____ Years Is this a new problem? YES NO
- 4) Is the problem getting better, worse or staying the same? _____
- 5) Have you ever had physical therapy for TMD? YES NO
 If yes, by whom? _____ When? _____
- 6) Have you ever received treatment for jaw problems? YES NO
 If yes, by whom? _____ When? _____
 What was the treatment? _____ (Please mark below)
 Bite Splint Medication Physical Therapy Occlusal Adjustment Orthodontics Counseling Surgery
 Other (Please explain) _____

CURRENT MEDICATIONS/APPLIANCES:

- 1) Degree of current TMD pain:

No Pain	Moderate Pain	Severe Pain
<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	<input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	
- 2) Frequency of TMD pain: Daily Weekly Monthly Semi-Annually

- Is there a pattern related to pain occurrence? Upon Waking Morning Afternoon Evening After Eating
- 3) Are you taking medication for the TMD problem? YES NO If so, what type? _____
How long? _____ Who prescribed the medication? _____
- 4) Are the medications that you take effective? YES NO Conditional _____
- 5) Are you aware of anything that makes your pain worse? YES NO If yes, what? _____
- 6) Does your jaw make noise? YES NO
 RIGHT Clicking Popping Grinding Other: _____
 LEFT Clicking Popping Grinding Other: _____
- 7) Does your jaw lock open? YES NO When did this first occur?: _____ How often? _____
- 8) Has your jaw ever locked closed or partly closed? YES NO
When did this first occur? _____ How often? _____
- 9) Have any dental appliances been prescribed? YES NO
If yes, by whom? _____ When? _____
Describe: _____
- 10) Are these appliances effective? YES NO
- 11) Is there any additional information that can help us in this area? _____

CURRENT STRESS FACTORS: (Please mark each factor that applies to you)

- | | | |
|---|--|--|
| <input type="checkbox"/> Death of Spouse | <input type="checkbox"/> Major Illness or Injury | <input type="checkbox"/> Major Health Change in Family |
| <input type="checkbox"/> Business Adjustment | <input type="checkbox"/> Divorce | <input type="checkbox"/> Pending Marriage |
| <input type="checkbox"/> Financial Problems | <input type="checkbox"/> Pregnancy | <input type="checkbox"/> Career Change |
| <input type="checkbox"/> Fired from Work | <input type="checkbox"/> Marital Reconciliation | <input type="checkbox"/> Taking on Debt |
| <input type="checkbox"/> Death of Family Member | <input type="checkbox"/> New Person Joins Family | <input type="checkbox"/> Other |
| <input type="checkbox"/> Marital Separation | | |

HABIT HISTORY: (Please mark your answer to each question)

- 1) Do you clench your teeth together under stress?..... YES NO DON'T KNOW
- 2) Do you grind/clench your teeth at night?..... YES NO DON'T KNOW
- 3) Do you sleep with an unusual head position?..... YES NO DON'T KNOW
- 4) Are you aware of any habits or activities that may aggravate this condition?..... YES NO DON'T KNOW
- Describe: _____

SYMPTOMS: (Please mark each symptom that applies)

A. HEAD PAIN, HEADACHES, FACIAL PAIN

- Forehead L R
- Temples L R
- Migraine Type Headaches
- Cluster Headaches
- Maxillary Sinus Headaches (under the eyes)
- Occipital Headaches (back of the head with or without shooting pain)
- Hair and/or Scalp Painful to Touch

B. EYE PAIN OR EAR ORBITAL PROBLEMS

- Eye Pain – Above, Below or Behind
- Bloodshot Eyes
- Blurring of Vision
- Bulging Appearance
- Pressure Behind the Eyes
- Light Sensitivity
- Watering of the Eyes
- Drooping of the Eyelids

C. MOUTH, FACE, CHEEK AND CHIN PROBLEMS

- Discomfort
- Limited Opening
- Inability to Open Smoothly

D. TEETH AND GUM PROBLEMS

- Clenching, Grinding at Night
- Looseness and/or Soreness of Back Teeth
- Tooth Pain

E. JAW AND JAW JOINT (TMD) PROBLEMS

- Clicking, Popping Jaw Joints
- Grating Sounds
- Jaw Locking Opened or Closed
- Pain in Cheek Muscles
- Uncontrollable Jaw/Tongue Movements

F. PAIN, EAR PROBLEMS, POSTURAL IMBALANCES

- Hissing, Buzzing, Ringing or Roaring Sounds
- Ear Pain without Infection
- Clogged, Stuffy, Itchy Ears
- Balance Problems – “Vertigo”
- Diminished Hearing

G. OTHER PAIN

- If so, please describe: _____

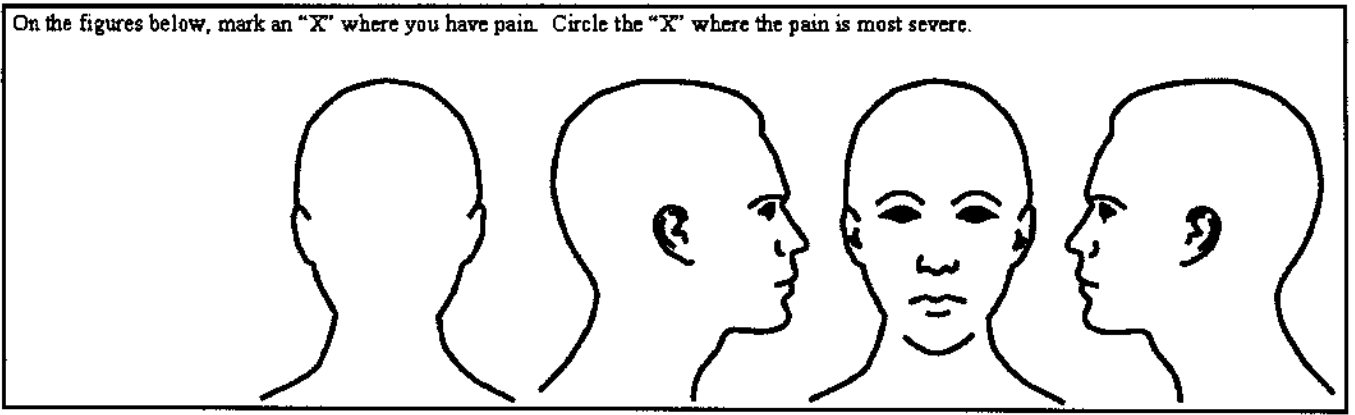
H. THROAT PROBLEMS

- Swallowing Difficulties
- Tightness of Throat
- Sore Throat
- Voice Fluctuations
- Laryngitis
- Frequent Coughing/Clearing Throat
- Feeling of Foreign Object in Throat
- Tongue Pain
- Salivation
- Pain in the Hard Palate

I. NECK AND SHOULDER PAIN

- Reduced Mobility and Range of Motion
- Stiffness
- Neck Pain
- Tired, Sore Neck Muscles
- Back Pain, Upper and Lower Shoulder Aches
- Arm and Finger Tingling, Numbness, Pain

On the figures below, mark an "X" where you have pain. Circle the "X" where the pain is most severe.



© American Association of Orthodontists 1999